

IME Update HCBS Habilitation and Children's Mental Health Waiver Programs

October 14, 2020

HCBS Day Habilitation

Adding a Pathway to Employment

- Members involved in Day Habilitation may engage in Career Planning while participating in the Day Habilitation service
- Day Habilitation is allowed as wrap-around for those in (or seeking) employment
- Clarify: Day Habilitation services may provide a path to employment thru HCBS ID Waiver and state plan HCBS Habilitation program
- Clarify: a broad scope of activities may be provided thru Day Habilitation to help members participate in the community, develop social roles / relationships, increase independence and potential for employment
- Add: minimum training requirements for direct care staff providing Day Habilitation services to ensure that members' are served by confident, competent staff

HCBS Habilitation

Day Habilitation What's Next?

- Administrative Rules were published in the September 9, 2020 Administrative Rules Bulletin
- Department responded to public comments
- Administrative Rules Review Committee (ARRC) will review the rules and response to public comment October 13, 2020
- Administrative Rules will be published in the Admin Rules Bulletin if adopted
- SPA will be submitted to CMS prior to November 1, 2020
- January 1, 2020 is the target for implementation based on ARRC and CMS approvals

HCBS Habilitation Workgroup

The goals of the workgroup include:

- the identification of a functional assessment tool for 1915(i) HCBS Habilitation program needs-based eligibility determination that derives an acuity score,
- reviewing and amending the criteria for 1915(i) HCBS Habilitation program eligibility to more clearly define the eligible population,
- reviewing the Home-Based Habilitation Tiers to align with the newly identified functional assessment tool acuity scoring,
- amending the 1915(i) State Plan Amendment (SPA),
- reviewing and amending the Habilitation administrative rules to align with SPA, and
- developing a unified training presentation targeted at Habilitation providers and Integrated Health Home (IHH) Care Coordinators and Community-based Case Managers to assist with implementation of the changes to the Habilitation Program

HCBS Habilitation Workgroup

- Assessment Tool identified – LOCUS
- Needs Based Eligibility for Habilitation will be directly tied to the composite score for the LOCUS
- Home Based Habilitation
 - Adding Tier 7 – Intensive Residential Habilitation services and the provider qualifications for this service 441 IAC26.6(8)
 - Adding provider qualifications - training requirements for HBH direct support staff
 - Adding a corresponding composite score from the LOCUS to the Home-based Habilitation Tier criteria
 - Redefining the scope of Home-based Habilitation
- Adding the evidenced based practice (EBP) Individual Placement and Support (IPS) Supported Employment provider qualifications, service amount duration and scope, and reimbursement methodology

What's next for Habilitation

- Continue the work on the administrative rules draft and draft the State Plan Amendment for Habilitation
 - Submit the rule amendments to the AGs office for sign off
 - Submit the rule amendments to Fiscal for fiscal impact and sign off
 - Submit rule amendments to IME Leadership for final sign off
 - Submit the rule amendments to the rules editor who submits to the Governors office for review and approval
 - Rules are published in the Administrative Rules Bulletin for public comment
 - SPA is published online for public comment and notification is sent to the tribes

What's Next for Habilitation?

- Obtain Administrative Rules Review Committee approval to adopt the rules
- Obtain CMS approval for the SPA
- Communicate the effective date of the changes
- Provide Training
- Implementation – Estimated Target Date is April 1, 2020 but no later than July 1, 2020

Children's Mental Health Waiver (CMHW)

- The Department is changing the length of institutional stay required to be eligible to request a reserved capacity slot under the CMHW for children residing in an MHI, PMIC or Out of State Facility from six months to four months
 - This closes the gap for children who have lost their waiver slot due to having an institutional stay that exceeds 120 days.
 - Requires an admin rule change and waiver amendment
 - Waiver amendment and admin rules have been drafted and are under review by the AGs office.
- The Department is also increasing the number of reserved capacity slots for children in an MHI, PMIC or Out of State Facility from 10 slots per waiver year to 20 slots per waiver year.
 - Requires a waiver amendment
 - Waiver amendment has been drafted and is under review by the AGs office.

Children's Mental Health Waiver (CMHW) What's Next?

- it is anticipated that during 2021 a stakeholder workgroup will be convened to evaluate the CMHW program and amend the services and supports available under the CMHW in response to the work being done by the Complex Service Needs workgroup.

Iowa Chronic Condition Health Home Program

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October 2020

This training is a collaborative effort between the Managed Care Organizations and Iowa Medicaid Enterprise

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Objectives

- Timeline of data and activities during the year
- Chart Review analysis
- Core Measures CY 2017 and 2018
- Discuss the Next Six Months

Health Home Timeline

- Health Home Analytics
- Health Home Core Measures
- Performance Measures
- Learning Collaborative
- Chart Reviews

Telligen Analysis

- Data pull from IME in July to allow time for claims runout
- Data is used to identify cost (due in Dec)
- January – May utilization analysis is completed
- May – July Present data and Executive summary to IME Leadership
- August full report completed and approved

CMS Core Measures

- Calendar year review a year behind
 - 2020 reporting is CY 2019
- Measure Specifications
 - Released in June
 - Sent to IME staff to begin reporting
 - Data sent to Telligen to begin Cost Analysis (July)
 - Due December 31 Upload to MacPro
 - Questions may come in from Mathematica
 - Finalized typically by May

<https://www.medicaid.gov/resources-for-states/medicaid-state-technical-assistance/health-home-information-resource-center/health-home-quality-reporting/index.html>

Performance Measures

- Performance Measures
 - Annual Performance Measures
 - Quarterly Dashboard
 - Monthly Gap in care report
 - Performance Measures Payouts (ITC)
 - Prior Year Performance Measures Payout (AGP)
 - Submission of Performance measures for the next year
 - Performance Measures Training

Learning Collaborative

- Spring Learning Collaborative
 - Planning for Spring Learning Collaborative begins
 - Agenda and content created for Spring Learning Collaborative
 - Spring Learning Collaborative
- Fall Learning Collaborative
 - Planning for Fall Learning Collaborative begins
 - Agenda and content created for Fall Learning Collaborative
 - Fall Health Home Learning Collaborative
- Learning Collaborative Webinars and activities are set for next year
- Health Home Newsletter issued to Health Homes
- Monthly Learning Collaborative Webinar

Health Home Chart Review

- October 1 - September 30
 - Request Charts in (March)
 - Review Charts (March – May)
 - Review results with MCOs/IME (June)
 - Provide Feedback to Health Homes (July)
- January 1 - December 31
 - Request Charts in (June)
 - Review Charts (June - Aug)
 - Review results with MCOs/IME (Sept)
 - Provide Feedback to Health Homes (Oct)
- April 1 - March 31
 - Request Charts in (Sept)
 - Review Charts (Sept - Nov)
 - Review results with MCOs/IME (Dec)
 - Provide Feedback to Health Homes (Jan)
- July 1 to June 3
 - Request Charts in (Dec)
 - Review Charts (Dec-Feb)
 - Review results with MCOs/IME (March)
 - Provide Feedback to Health Homes (April)

2018

Activities

- Spring UHC decided not to participate in the program.
- Legislation required a stakeholder workgroup and analysis

Data

- OIG Reviewed documentation 2013-2016
- CY 2018 Cost \$92M
- Core Measures showed a worsening in FUH,IET
- Core Measures improved AMB, Chronic Care Composite All Cause Readmission.

2019

Activities

- April: Learning Collaborative Restarted
- United ended and ITC began
- Fall Face to face where discussed Health Home Services with a focus on documentation

Data

- OIG report released
- Chart reviews began in December
- Submitted CY2018 Health Home Core Measures (CY2019 will be reported December 2020)

2020

Activities

- March COVID changed how HHs provided for HAB/CMH
- Updated SPA Implemented
- August Direcho
- Unable to meet face-to-face

Data

- Reporting Analysis from CY 2017 and 2018
- Health Home Core Measures 2019
- Chart Review Workbook Reviews Time Frame July 2018 – December 2019

CY 2017 Health Home Core Measures

2018 Core Set of Health Care Quality Measures for Medicaid Health Home Programs (Health Home Core Set)

NQF #	Measure Steward	Measure Name
Core Set Measures		
0004	NCQA	Initiation and Engagement of Alcohol and Other Drug Abuse or Dependence Treatment (IET-HH)
0018	NCQA	Controlling High Blood Pressure (CBP-HH)
0418/ 0418e	CMS	Screening for Depression and Follow-Up Plan (CDF-HH)
0576	NCQA	Follow-Up After Hospitalization for Mental Illness (FUH-HH)
1768	NCQA	Plan All-Cause Readmissions (PCR-HH)
NA	NCQA	Adult Body Mass Index Assessment (ABA-HH)
NA	AHRQ	Prevention Quality Indicator (PQI) 92: Chronic Conditions Composite (PQI92-HH)
Utilization Measures		
NA	NCQA	Ambulatory Care: Emergency Department (ED) Visits (AMB-HH)
NA	CMS	Inpatient Utilization (IU-HH)
NA	CMS	Nursing Facility Utilization (NFU-HH)

AHRQ = Agency for Healthcare Research & Quality; CMS = Centers for Medicare & Medicaid Services; NA = Measure is not NQF endorsed; NCQA = National Committee for Quality Assurance; NQF = National Quality Forum.

CY 2018 Health Home Core Measures

2019 Core Set of Health Care Quality Measures for Medicaid Health Home Programs (Health Home Core Set)

NQF #	Measure Steward	Measure Name	Data Collection Method
Core Set Measures			
0004	NCQA	Initiation and Engagement of Alcohol and Other Drug Abuse or Dependence Treatment (IET-HH)	Administrative or EHR
0018	NCQA	Controlling High Blood Pressure (CBP-HH)	Administrative, hybrid, or EHR
0418/0418e	CMS	Screening for Depression and Follow-Up Plan (CDF-HH)	Administrative or EHR
0576	NCQA	Follow-Up After Hospitalization for Mental Illness (FUH-HH)	Administrative
1768	NCQA	Plan All-Cause Readmissions (PCR-HH)	Administrative
NA	NCQA	Adult Body Mass Index Assessment (ABA-HH)	Administrative or hybrid
NA	AHRQ	Prevention Quality Indicator (PQI) 92: Chronic Conditions Composite (PQI92-HH)	Administrative
Utilization Measures			
NA	CMS	Admission to an Institution from the Community (AIF-HH) ^a	Administrative
NA	NCQA	Ambulatory Care: Emergency Department (ED) Visits (AMB-HH)	Administrative
NA	CMS	Inpatient Utilization (IU-HH)	Administrative

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^a For the 2019 Health Home Core Set, Nursing Facility Utilization (NFU-HH) was revised and renamed Admission to an Institution from the Community (AIF-HH).

CY 2017 and 2018 Comparison



Title	Steward	Definition	2018	2019	Notes
Adult Body Mass Index Assessment	NCQA	Percentage of Health Home enrollees ages 18 to 74 who had an outpatient visit whose body mass index (BMI) was documented during the measurement year or the year prior to the measurement year.	30%	36%	This is based on claims
Controlling High Blood Pressure (eCQM)	NQF 0018	Percentage of Health Home enrollees ages 18 to 85 who had a diagnosis of hypertension and whose blood pressure (BP) was adequately controlled (< 140/90 mm Hg) during the measurement year.	No Report	No Report	Will report this year
Screening for Depression and Follow-Up Plan Ages 18-64	NQF 0418	Percentage of emergency department (ED) visits for Health Home enrollees age 13 and older with a principal diagnosis of alcohol or other drug (AOD) abuse or dependence who had a follow-up visit for AOD abuse or dependence. Two rates are reported: •Percentage of ED visits for which the enrollee received follow-up within 30 days of the ED visit (31 total days) •Percentage of ED visits for which the enrollee received follow-up within 7 days of the ED visit (8 total days)	No Report	No Report	Will report this year
Follow-Up After Hospitalization for Mental Illness	NQF 0576	Percentage of discharges for Health Home enrollees age 6 and older who were hospitalized for treatment of selected mental illness or intentional self-harm diagnoses and who had a follow-up visit with a mental health practitioner. Two rates are reported: • Percentage of discharges for which the enrollee received follow-up within 7 days after discharge • Percentage of discharges for which the enrollee received follow-up within 30 days after discharge	69%	47%	We need to improve follow-up
			90%	73%	

<https://www.medicaid.gov/state-resource-center/health-home-information-resource-center/downloads/FFY-2020-HH-Core-Set-Manual.pdf>

CY 2019 Health Home Core Measures

2020 Core Set of Health Care Quality Measures for Medicaid Health Home Programs (Health Home Core Set)

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Core Set Measures			
0004	NCQA	Initiation and Engagement of Alcohol and Other Drug Abuse or Dependence Treatment (IET-HH)	Administrative or EHR
0018	NCQA	Controlling High Blood Pressure (CBP-HH)	Administrative, hybrid, or EHR
0418/0418e	CMS	Screening for Depression and Follow-Up Plan (CDF-HH)	Administrative or EHR
0576	NCQA	Follow-Up After Hospitalization for Mental Illness (FUH-HH)	Administrative
1768	NCQA	Plan All-Cause Readmissions (PCR-HH)	Administrative
3400	CMS	Use of Pharmacotherapy for Opioid Use Disorder (OUD-HH)*	Administrative
3488	NCQA	Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence (FUA-HH)*	Administrative
NA	NCQA	Adult Body Mass Index Assessment (ABA-HH)	Administrative or hybrid
NA	AHRQ	Prevention Quality Indicator (PQI) 92: Chronic Conditions Composite (PQI92-HH)	Administrative
Utilization Measures			
NA	CMS	Admission to an Institution from the Community (AIF-HH)	Administrative
NA	NCQA	Ambulatory Care: Emergency Department (ED) Visits (AMB-HH)	Administrative
NA	CMS	Inpatient Utilization (IU-HH)	Administrative

* This measure was added to the 2020 Health Home Core Set. More information on new substance use disorder (SUD) quality measures in the Health Home Core Set is available at <https://www.medicaid.gov/federal-policy-guidance/downloads/cib112719.pdf>.

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Next Six Months

- November:
 - 2021 Performance Measures
 - 2021 Learning Collaborative Webinars
 - Updated Chart Review Schedule
 - Health Home Self-Assessment
- December:
 - IME Reporting CY 2019 Health Home Core Measures
- January
 - New Rates Begin
 - Health Home Self-Assessment
- April
 - Next Learning Collaborative

Questions?